

January

First Reconciliation

	Session	Lesson Concepts	Faith Words
3	<u>We are Called to Forgiveness</u>	<p>Informing the Mind:</p> <ul style="list-style-type: none"> ● Recognize our need for a change of heart ● Realize that Jesus offers us redemption and forgiveness ● Know that our well-formed conscience helps us choose what is right and good ● Learn that the Ten Commandments and Beatitudes guide our choices <p>Forming the Heart:</p> <ul style="list-style-type: none"> ● Discover God’s mercy and forgiving love ● Understand that we must take time to examine our conscience ● Recognize that our choices have consequences in all our relationships, especially our relationship with God 	contrition
4	<u>We Come to Reconciliation</u>	<p>Informing the Mind:</p> <ul style="list-style-type: none"> ● Realize that we come to Penance due to the prompting of the Holy Spirit ● Review that when we sin, we choose to turn away from God and his love, hurting our relationship with him ● Identify the four main parts of the Sacrament of Penance and Reconciliation: contrition, confession, penance, and absolution ● Connect the Act of Contrition to true sorrow and conversion <p>Forming the Heart:</p> <ul style="list-style-type: none"> ● Recognize that Jesus is the Good Shepherd who searches us out, takes care of us, and guides us to his Father ● Understand that true sorrow for our sins is essential ● Develop the courage to admit and confess our sins 	Holy Spirit, confession, penance, absolution

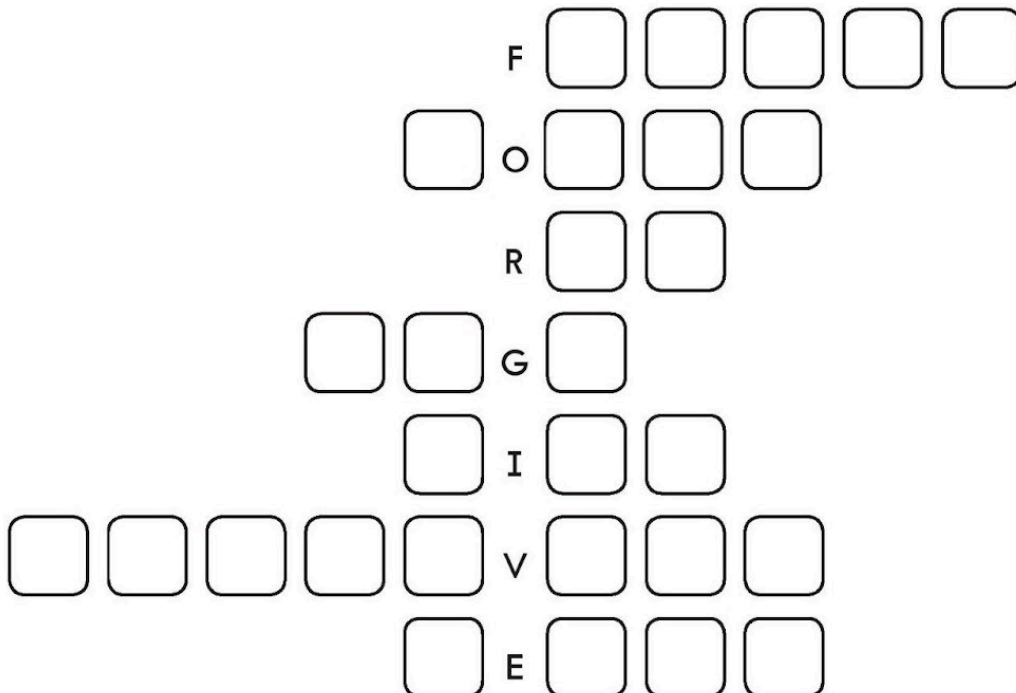
January Activity

A Forgiveness Puzzle

Think about the story "The Prodigal Son." Read and answer the clues below, then fill in the letters for the words to complete the puzzle.

Clues

1. The person who forgave the son was his _____.
2. The son lost all his _____.
3. When the father saw his son, he _____ to meet him.
4. The son had to get a job feeding the _____.
5. The son went to a far away _____.
6. The story of The Prodigal Son reminds us of our _____ Father.
7. The father showed his forgiveness and _____.



January Prayer

Act of Contrition

**My God,
I am sorry for my sins with all my heart.
In choosing to do wrong
And in failing to do good,
I have sinned against you
Whom I should love above all things.
I firmly intend, with your help,
to do penance,
to sin no more,
and to avoid whatever leads me to sin.
Our Savior Jesus Christ
Suffered and died for us.
In His name, my God, have mercy.
Amen**

Act of Contrition

My God,

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And in failing to do _____,

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Whom I should love above all _____.

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Suffered and died for us.

In His name, my God, have _____.

Amen.



Jesus Christ

things good mercy

heart wrong

penance sin